# This session is all about you! People are an amazing part of God’s world and it is our special job to make sure we look after the whole of creation. Lots of toddlers are inspired by their favourite superheroes, so in this session they can become heroes too, and learn some ways they can help rescue and care for our planet.

## Bible story

‘I praise you because you made me in an amazing and wonderful way. What you have done is wonderful. I know this very well.’ **(Psalm 139:14 *ICB*)**

## Activities

Why not choose from the activity suggestions below? You can find the details of these and other activities on [The Salvation Army Family Ministries Pinterest page.](https://uk.pinterest.com/familyministriesukit/)

As a guide, the suggested activities have asterisks to show how easy they are to prepare and set up, from simple (\*) to more complicated (\*\*\*).

**Marvellous me trail \***

Use the printable trail to celebrate being alive and explore the things we can do to look after our planet!

**People sensory tray \***

Choose a sensory base such as sand or rice. Pop in lots of wooden people figures, or Playmobil/Happyland figures. You could add a boat or other toys to make a mini world, or include superhero figures and people to rescue.

**Superhero nature mask and bracelets \*\***

Provide some mask cut-outs and some strips of card to fit around a wrist, alongside some leaves and petals for children to make themselves a superhero mask and/or bracelets. Put 50mm wide double-sided tape on the bracelets, ready for decorating.

**Play-dough people \*\***

Use clay or mud play-dough to make people or to make faces. Add nature items for arms and legs, eyes, hair, ears etc.

**Me mat \*\***

Help babies and toddlers feel how special they are! Set out a selection of baby-friendly mirrors and books about babies, which often end with mirrors. You could also print and laminate pictures of babies and children and put them on sticks to hold.

**Recycled craft \*\***

Make a musical instrument by reusing something which might otherwise be thrown away. Collect lots of different containers with lids, egg boxes or cardboard tubes. Provide rice, seeds, beans etc so they can fill a container and experiment with different sounds. Have some tape and paper to seal the tops or ends and stickers to decorate the outside. You could use the instruments for singing time!

**Nature weaving \*\***

Help families think about working together to create a beautiful world. Create a large frame using long sticks or branches, criss-crossed with string. Collect lots of different leaves, greenery, flowers, and wool/ribbons, and invite families to weave different things into the frame to make art together.

**Superhero challenges \*\***

Set up some physical ‘superhero’ challenges, eg lifting, throwing things at a target, putting things in a bucket, running fast, rescuing a toy, and knocking down giant blocks or boxes.

**Recycling game \*\*\***

Raid your recycling and ask friends to save theirs too! Set up a container with clean, safe recycling, eg balls of newspaper, washed plastic bottles and egg boxes. Provide two further containers marked ‘paper’ and ‘plastic’. See how quickly toddlers can sort out the recycling, then put it all back and start again.

## Story ideas

Suggested books for story time or a story mat:

* *The Earth Book* (Todd Parr)
* *Becoming Me: A Story of Creation* (Martin Boroson)
* *Love, the Earth* (Frances Stickley)
* *Here We Are: Notes for Living on Planet Earth* (Oliver Jeffers)
* *The Play-Along Bible* (Bob Hartman), ‘In God’s Image’, page 12
* *God’s Big Promises Bible Story Book* (Carl Laferton), ‘In the Beginning’, pages 16-20
* *The Lion Easy Read Bible* (Christina Goodings), ‘In the Beginning’, pages 6-11

## Questions

* I wonder how we can help to look after our world?
* I wonder why God created people last? I wonder if it is because he loves us very much?
* God made us all different and special. What is something special about you?

## Song suggestions

See first session of this series for more songs:

* ‘He Made Me!’, DANCE FIT TOTS 2:   
  <https://www.youtube.com/watch?v=cD6i_rBlyks>
* ‘I Can Wriggle’, Stephen Gwilt:  
  <https://www.youtube.com/watch?v=lA045hFAI5Y>
* ‘I am Wonderfully Made’, Kids on the Move:   
  <https://youtu.be/7603oH33Ghs>

## Prayer

*Invite the families to point to the parts of their body as they are mentioned in the prayer.*

Thank you, God, for the wonderful world you have made and for making me marvellous!

For my eyes to see and my ears to hear,

For my nose to smell and my mouth to taste,

For my body so that I can move about and play.

Thank you, God, for making me so special and for loving me very much.

Thank you, God, that you made our wonderful world. Please help us to look after your world and each other.

Amen.