### Get OWT! is an outdoor programme for families with young children. It features activities designed to explore God’s wonderful creation together. We aim to create a safe space for families to spend time outside, enjoy nature, have fun and make friends.

# What do Get OWT! sessions look like?

There are different sensory, creative and nature-inspired activities to explore together, with lots of opportunities to support the development of babies and toddlers as they explore the world.

Each session has a different theme linked to the natural world or inspired by a familiar story. Sessions usually include a story and singing, a short nature trail, and a chance to stop for a snack.

**INSERT DETAILS SPECIFIC TO YOUR SESSIONS HERE**