





Cameo Style Session to help get to know people a little better

> Produced By Older People's Ministries Changing Seasons Course

Welcome Everyone

Start the session very informally (*Café Style would work well with small groups around tables - no more than 4 people to a table*) Serve Refreshments now or this can be done at the end of the session (*or even better - both*!)

Play Video - 'Getting to know you' From the film 'The King and I'

https://www.youtube.com/watch?v=Vlx6gQWfjp0

Quiz on 'The King and I' (Answers given in brackets)

Invite people to do this in groups on tables so no one is left out

- Who played the role of King Mongkut in the film? (Yul Brynner)
- What year was the film release? (1956)
- Who played Anna Leonowens, the lady appointed as governess in the Court of Siam? (Deborah Kerr)
- The film was nominated for 9 Oscars in 1957. How many did it win?
 (5)
- 5. What was the common phrase the King kept repeating throughout the film? (et cetera, et cetera, et cetera)

When you've gone through the answers give everyone a small chocolate bar to celebrate that King Jesus wants to get to know us better and as friends we want to also get to know each other better.

Read Psalm 139:13-18

Time to get to know you better (Use the attached sheet)

Using the sheets provided let's get to know each other better. The leaders and any volunteers should also take part in this exercise.

Explain that sometimes we may think we know each other well but actually we are all so different and live very different lives that taking the time to find out more about each other is important. It also means that we can imagine where a person is through each day of the week and so when we are praying for one another we can imagine that person and where they are and what they might be doing.

Play some music in the background whilst people fill in their 'Time to get to know you better' sheets. When people have completed their sheets– encourage the answers to be shared on the tables being aware of what people are saying. You could ask for permission to collect them so that you as the leader can also be praying for people throughout the week.

Devotional Thought

We were reminded in Psalm 139 earlier that God has known us even before anyone knew we were even going to be. When we were growing in the 'secret place'. How awesome is that?

Often we live our daily lives unaware of the vastness of God's love for us and his knowledge of us, yet when we stop to think about that and reminded of the words of the song we used earlier 'He knows my name, he knows my every thought', we are reminded that there is never a moment when we are out of the care of God.

There may be times when we feel alone, when we feel that no one is watching over us, listening to us or caring for us. In these moments we remember that God is there. However, we know it can be very difficult for those of us who live alone. If you are ever struggling, need someone to talk to or just simply would welcome a chat and a cuppa then please let myself or one of the volunteers know. This place to which you come every week is a place where we build family and if you have family close by or not, we want you to know that we call you family here at The Salvation Army. You are loved, you are cared for and we know your name.

The King and I was one of the most well loved movies for such a long time and was a reminder that no matter our differences we can be family together. We have a King who calls us his own. When you wake tomorrow morning you could even say 'The King and I start this new day together!' It's true. The King wants to be with you, to journey with you whether that is to the shop or to the hairdresser, to the doctors or just walk to the park. King Jesus is with each one of us in the highs and the lows and he knows our name.

Video 'He knows my name' by Tommy Walker

https://www.youtube.com/watch?v=ore7feFfD40

Play the video on the screen so people can watch the video or listen to the music and print the words for people to see them and take home.

Final Prayer of 'Togetherness'

(This could be put onto a screen for all to share in a united prayer or printed for people to take home with them)

Father God

You know me, you love me and I am yours. King Jesus, thank you for saving me and bringing me into your Kingdom of love, light and togetherness.

No matter what tomorrow may bring or the days that lie ahead, I know you are with me and together we can face anything.

Help me to open my life to you and to others who need me. Help me be a friend to others and never to be frightened to make new friends. Together, as a family of believers, help us to bring love, light and friendship to those we meet each and every day.

Amen

'Getting to know you - Getting to know all about you...'

What is your full name? (including your middle name!)

Where were you born?

An interesting fact about your childhood?

What was your first job?

Do you live alone or with someone else?

What is your favourite food?

Do you have children or family who live close by?

If you could visit anywhere where would that be?

Do you have helpful neighbours?

Where is your favourite place?

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